

apimanu HypertoSan® ayurveda contains among other things two of the most successful active ingredients for cardic patients in order to manage high blood pressure (hypertension) as well as to treat heard diseases, like chronic heart insufficiency (NYHA II-IV) or to prevent heart attack (angina pectoris) and to treat headache, migraine and restless-leg-syndrome. Clinical studies have shown, that the active ingredients of apimanu HypertoSan® ayurveda lower the blood pressure of patients, who suffer from hypertension, significantly. (Journal of Cardiovascular Nursing. 16(4):1-8, July 2002. Fong, Harry H.S. PhD; Bauman, Jerry L. PharmD). Patients with headache and migraine were treated within a short time and constantly successfully.



## Recommended dose:

2 times daily 1 capsule with warm water.

\* Do not take more than 2 capsules per day. apimanu HypertoSan® ayurveda should be dosed at least every 12 hours because half-life of activity is 8-12 hours.

## Application:

Hypertension Heart Insufficiency Restless-Leg-Syndrome Migraine

Active Ingredients of a apimanu HypertoSan® ayurveda capsule:

45 mg Nattokinase (2000 FU/Gm) 450 mg Crataegus oxyacantha Extract (1,8% Vitexin-2"-rhamnosid) Ayurvedic herbal extracts



Nattokinase NSP 2 (20.000 FU/g): Nattokinase is a potent fibrinolytic (anti-clotting) enzyme complex, extracted and highly purified from a traditional Ayurveda Natto. Natto is a fermented cheese-like food that has been used in Ayurveda and Japanese culture for more than 1000 years for its popular taste, and as a folk remedy for heart and vascular diseases. Research has shown that Nattokinase supports the body in breaking up and dissolving the unhealthy coagulation of blood. Department of Physiology, Miyazaki Medical College, 5200 Kihara, Kiyotake-cho, Miyazaki-gun, Miyazaki 889-16, JAPAN, \*Department of Physiological Chemistry, Science & Industrial Technology, Kurashiki University of Science and Arts, 2640 Turagima-cho-Nishinoura, Kurashiki-shi, Okayama 712, JAPAN:



Nattokinas was tested on five volunteers with high blood pressure, each receiving an oral dose equivalent to 30 mg of Nattokinase over four consecutive days. Four out of the five volunteers experienced a significant decrease in systolic and diastolic blood pressure -- on average, systolic pressure fell by 10.9 percent, while diastolic fell 9.7 percent.

## Crataegus oxyacantha Extract (hawthorn extract):

American physicians recognized the herb's medicinal properties and began using it to treat circulatory disorders and respiratory illnesses. Considered a "cardiotonic" herb, the flowers and berries of the hawthorn plant have been used in traditional ayurvedic medicine to treat irregular heartbeat, high blood pressure, chest pain, hardening of the arteries, and congestive heart failure.

## Statement of a client:

Mr. Uri Steiner wrote: You cannot imagine how happy you have made me. For 21 years, I have had to take Beta blockers and various other pharmaceuticals to control my blood pressure and blood sugar. Now, since the end of last year, I have been taking apimanu HypertoSan ayurveda and now my blood pressure is around 130/90, and apimanu Diabgymna ayurveda and my blood sugar is around 115 all the time! My doctor doesn't think much of it...but he can take a hike! Till the day I die, I will always be a loyal customers, and that's a fact! Yours, Uri Steiner (uri.steiner@tiscali.ch)